8 May 2009  

**Birchip P-12 School**

**Address:**  
(PO Box 9)  
Campbell Street  
BIRCHIP  3483

**Telephone:**  
(03) 5492 2287  
(03) 5492 2553

**eMail:** birchip.p12@edumail.vic.gov.au

**Web:** http://www.birchip.vic.edu.au

---

**Forthcoming Events**

**May**  
Tuesday 12th  →  NAPLAN Testing for Yrs 3,5,7 & 9 students  
Monday 18th  →  Education Week  
Friday 22nd  →  Physical Resources Meeting  
Thursday 21st  →  School Council Meeting  
Monday 25th  →  Education Week Activity Evening  
**Please note change of date**

**June**  
Monday 1st  →  Parents Club Meeting - 7.30pm  
Monday 1st  →  Grade 6 Maldon Camp  
Wednesday 3rd  →  Queen’s Birthday Holiday  
Tuesday 9th  →  VCE exams & GAT exam  
Thursday 12th  →  Physical Resources meeting  
Wednesday 10th  →  Australian Science Exam  
Friday 12th  →  Pupil Free Day - report writing day  
Friday 19th  →  Primary Winter Sports - Birchip  
Friday 26th  →  Last day of second term - 2.30pm finish  

**July**  
Monday 13th  →  First day of third term

---

**VCAA VISIT**

The Birchip P-12 School was visited by the VCAA VELS Implementation Team on Tuesday and discussed the VELS implementation at Birchip with the leadership team. The Victorian Curriculum and Assessment Authority (VCAA) sets guidelines for what students from Prep to Year 12 learn in Victorian schools. It was pleasing to find that our curriculum and its delivery is at the forefront of current teaching pedagogy. The VCAA representatives provided much positive feedback to our teachers. Mr Whelan and I will travel to Melbourne on Thursday 21 May 2009 to continue to discuss the successful implementation of VELS with the VCAA and other schools.

---

**This week at Alpine School**

This week has gone so quick. We have had a variety of classes and learnt many new things.

All four of us passed our safe food handling course and first aid and CPR course. Tomorrow we are going on a day hike to Mt Tabletop.

Saturday is our rest day and we have planned to go to the footy just out of Omeo. The snow is gradually melting and has now turned to ice. It will be back soon though, so we are going to try and enjoy the outdoors while it's gone. We have adapted to the weather well. Yesterday it was ten degrees and we found it hot. We are all having a great time, and wish everyone the best for sport on Saturday.

Laura Emily Ash and Jesse

---

The photo is of the four of us before our long walk with our 20kg backpacks
The MS Read-a-thon has traditionally been supported by students at our school. Students who wish to register for the Read-a-thon would be best to register on the website at www.msreadathon.org.au

A limited number of registration forms are available from class teachers if required. All students who register receive a free MS Read-a-thon wristband.

Books read during the Read-a-thon also count for the Premier’s Reading challenge.

Check out the website for more information or contact Mrs Kelly at school.

**Fresh Fruit Friday**

Many thanks to our parent helpers who assisted Year Five students to cut up fruit for sharing at morning recess.

Mrs Kelly is anxious to compile a list of parents who are willing to assist for 30 minutes from 10:15 a.m. to 10:30 a.m. on some Fridays. Please inform her if you are able to help.

Please remember that your child will have their fruit at morning recess time each Friday, so recess snacks should not really be required.

**Education Week Activity Evening**  
*Please note change of date*

On Monday 25th May 2009 the school will again host an evening of learning and enquiry for students, parents and friends. Please keep this evening free for another action packed and enjoyable learning experience with your family. A free family BBQ will be available. A list of activities is available elsewhere in this newsletter. There will also be a chance to win a beautiful, brand new, Malvern Star bicycle and helmet. All attendees will receive a ticket in the free draw.

**Timetable NAPLAN Tests 2009**

<table>
<thead>
<tr>
<th></th>
<th>Tuesday 12 May</th>
<th>Wednesday 13 May</th>
<th>Thursday 14 May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 3</td>
<td>Language Conventions 40 minutes</td>
<td>Reading 45 minutes</td>
<td>Numeracy 45 minutes</td>
</tr>
<tr>
<td></td>
<td>Writing 40 minutes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year 5</td>
<td>Language Conventions 40 minutes</td>
<td>Reading 50 minutes</td>
<td>Numeracy 50 minutes</td>
</tr>
<tr>
<td></td>
<td>Writing 40 minutes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year 7</td>
<td>Language Conventions 45 minutes</td>
<td>Reading 65 minutes</td>
<td>Numeracy 40 minutes x 2 (80 mins total)</td>
</tr>
<tr>
<td></td>
<td>Writing 40 minutes</td>
<td></td>
<td>Calculator-allowed test to be scheduled first, followed by Non-calculator test</td>
</tr>
<tr>
<td>Year 9</td>
<td>Language Conventions 45 minutes</td>
<td>Reading 65 minutes</td>
<td>Numeracy 40 minutes x 2 (80 mins total)</td>
</tr>
<tr>
<td></td>
<td>Writing 40 minutes</td>
<td></td>
<td>Calculator-allowed test to be scheduled first, followed by Non-calculator test</td>
</tr>
</tbody>
</table>

**Language Conventions** incorporates Spelling, Grammar and Punctuation.

**Numeracy** incorporates Number; Space; Algebra, function and pattern; Measurement, chance and data.

**Calculators**

In Years 3 and 5, the Numeracy test does not permit calculator use. In Years 7 and 9, there is one Numeracy test where calculator use is permitted and one where it is not.

**New Japanese Assistant Teacher**

Ms Nobuko Barker will commence working with Ms Nakamura, Mr Knights and students at our school on Monday 11th May 2009. Ms Barker will be with us for the remainder of term two.
New School Policies
At the last school council meeting held in March, four new school policies were ratified to be implemented to our school. These policies have been included for your reference and attention.

**Medication Policy** – this policy includes what and how medication may be administered to a student. Please refer to the policy and the ‘Medication request Form’ should your child need to take any medication at school.

**Student Attendance Policy** – this policy encourages all parents of absent students to make contact with the school on the day of the absence prior to 9:00 a.m. to report the absence.

**Student Driver Policy** – this policy states very clearly that a student who is a licensed driver may NOT drive other students to or from school, school programs and functions unless the passengers are siblings and have parent/guardian permission.

**New 10 km/hr signs have been erected at the entrances to the school site.**

**Visitors Policy** – this policy outlines the need for visitors to sign in and display a name tag indicating such. Visitors are defined as all people other than staff members, students, parents/guardians and library users.

---

**Work Experience:**
Work experience is one part of the school year to which all Year 10 students look forward. This one week allows students to taste the area of work in which they are interested and this year students have selected a wide variety of work places. Some are in what many students would see as dream vocations; Hugh O’Keefe went to Richmond Football Club while Mikaela Christie went to the Collingwood Football Club Lexus Centre and Austin Hospital to further her interest in allied medicine. Conor Hogan applied his interest in environmental science by working with the Ballarat Rural City Council while Nick Bales worked with Aerovision to pursue his ambition to study aeronautics. Closer to home, Luke Lovett had a valuable work experience at the Mallee Shearing Shed. Thus far, employers have given extremely positive reports about the capabilities of work experience students.

---

**MIPS TIPS – Thinking of a Gap Year in the Defence Force?**
Gap Year is an Australian Defence Force (ADF) program for recent school leavers. Programs run across Navy, Army and Air Force are designed to give you detailed insight into how the ADF operates. You will also gain invaluable life skills and job training that is just as valuable in the civilian world AND you’ll earn more than $40,000 per year and there’s no requirement to stay beyond this point. Registrations for Gap Year 2010 are open from 1 May to 3 September 2009, but places are limited. To register, go to [http://www.defencejobs.gov.au/education/gapyear/](http://www.defencejobs.gov.au/education/gapyear/) and click on the ‘Apply Now’ button. Your Careers Teacher or MIPS Co-ordinator can help with your application.

_Lizzie Wilde_

Managed Individual Pathways (MIPS) Coordinator
North Central Local Learning & Employment Network
Mob: 0429 148 399
Ph: 54 911 144
Email: llen5@bigpond.com

---

**Interschool Primary Cross Country**

Today a squad of sixteen primary students travelled to St Arnaud to take part in the District Cross Country. Results to hand are excellent. The red and white colours were very visible in the winners circle. Congratulations to all participants.

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Placing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sarah Botheras</td>
<td>9&amp;10 Girls</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
</tr>
<tr>
<td>Jessica Bidstrup</td>
<td>9&amp;10 Girls</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
</tr>
<tr>
<td>Nakita Turner</td>
<td>9&amp;10 Girls</td>
<td>3&lt;sup&gt;rd&lt;/sup&gt;</td>
</tr>
<tr>
<td>Joseph Reid</td>
<td>9&amp;10 Boys</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
</tr>
<tr>
<td>Sam Owa</td>
<td>9&amp;10 Boys</td>
<td>6&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Tom Hogan</td>
<td>9&amp;10 Boys</td>
<td>8&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Jesse Kemp</td>
<td>9&amp;10 Boys</td>
<td>12&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Spencer Weir</td>
<td>9&amp;10 Boys</td>
<td>13&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Georgia Lee</td>
<td>11 Girls</td>
<td>4&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Shae Colbert</td>
<td>11 Girls</td>
<td>6&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Joe O’Donnell</td>
<td>11 Boys</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
</tr>
<tr>
<td>Claudia Lee</td>
<td>12&amp;13 Girls</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
</tr>
<tr>
<td>Royce Bennett</td>
<td>12&amp;13 Boys</td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
</tr>
<tr>
<td>Sean Hogan</td>
<td>12&amp;13 Boys</td>
<td>4&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Jake Gleeson</td>
<td>12&amp;13 Boys</td>
<td>5&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Nikko Garcia</td>
<td>12&amp;13 Boys</td>
<td>8&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
</tbody>
</table>

Thanks to those parents who assisted with transport.
**e5 Instructional model for teaching**

engage explore explain elaborate evaluate

e5 is the latest innovation in educational circles and thinking. What is it you may ask? Put briefly and simply it is a teaching tool that looks at how, rather than what, teachers teach. The e5 model focuses on high quality instruction to promote high quality learning. The model is explicit in focusing teachers on what high quality teaching looks like. Teachers are firstly asked to engage their students by fostering positive relationships with their students. They are required to stimulate interest and curiosity and promote questioning while presenting their students with a purpose for their learning. The second domain is that teachers should allow students to explore challenging tasks, gather relevant information and provide students with ways to organise their ideas. Students are asked to challenge their ideas and reflect upon their perceptions.

The third domain of e5 is for teachers to explain and teach new concepts and skills but in a number of different ways. Students are given a variety of tasks to show that they understand the new concepts taught. Teachers have long known that learning is cemented when students are able to discuss what they have learned. The fourth domain of e5 allows students to elaborate their ideas. The teacher is expected to extend student understanding by selecting a variety of familiar and unfamiliar texts which test and challenge students’ perceptions and misconceptions. It is important that students are able to support their beliefs with information and that they don’t hold opinions without being able to substantiate them.

Finally, students are continuously asked to evaluate, refine and improve their work through encouraging students to reflect on how well they have achieved their goals.

Teachers are already training and practising e5 and are genuinely excited by its potential.

**Bike Education**

In preparation for the upcoming Maldon Camp, the Grade 6 students will be undertaking a series of Bike Education lessons at school. The first session will be held at school on Friday 15th May 2009. A roadworthy bike and an approved helmet will be required at school for this activity. Arrangements can be made to safely store bikes at school if required.
GRADE 5 NETBOOK PROJECT

Thirteen excited grade 5 students received their new netbooks last Wednesday 6th May 2009. This is a pilot project where grade 5 students have access to their computers 24/7. The netbooks are a further tool which will enhance the learning opportunities of our students by making their learning more exciting, interactive and instantaneous. Mrs Weir and Mr Welton have attended extensive training on the netbook implementation which allows our students to have this opportunity.
Year Seven – visit to Tchum Lake

Many subject areas are combining their skills and knowledge to formulate interesting and relevant subject material. Mr Jarrod Tyler and Mr Kevin Delaney combined their scientific, economic, historical and geographical expertise to study the developments of Tchum Lake. In the classroom students discussed and studied the ramifications of filling this lovely lake on the eastern side of Birchip before they travelled out to observe the lake.

Many knowledgeable locals added to the students’ bank of knowledge. Cameron Flowers, from the DSE, led a grass planting activity whereby students divided into small groups to plant sedges, lomandra, kangaroo tail and native grasses. Students worked cooperatively, staking and watering plants to give them a good start in their new environment.

Local resident, Eddie Lee who lives by the lake, gave students a talk on the history of the lake and related how many community groups had worked tirelessly and held many meetings so that the lake eventuated.

Many guests joined students and staff for a barbecue at the north end of the lake. It is hoped once the lake is filled that it will once again be an asset to the Buloke community.

Indoor hockey
Mon Nights starting May 18th
Individual names or teams of 6

Make me over classes
At the Shamrock with Sarah
Adults Tues May 19th 7.30-8.30
Teenagers Tues May 26th 7.30-8.30
Learn how to apply make up to enhance your features and style

Food Handlers Certificate
Sunday May 17th
10am-2pm $90

Anaphylaxis Training
Weds May 20th, 5.30-8.30 $90
Subsidies may be available for food handlers & anaphylaxis class.
Contact the BB & LC Ph 54922735 or email birchipblc@bigpond.com asap.
AUSTSWIM COURSE
An Austswim course will be held at Swan Hill on the 16th, 17th & 24th May 2009.
Upon completion of the course, successful candidates are qualified to teach swimming.
For those requiring points towards reaccreditation, a professional development component will be conducted both morning and afternoon on Sunday 17th May 2009.
Those wishing to do the course are asked to contact Brian Safe, phone 50 324 357.
Applications are to be in by 4th May 2009.

MOTHERS’ DAY STALL
Thank you to Janine Paley and other mothers who organized the Mothers’ Day Staff for students to purchase their presents for their mothers.

Parents’ Club
Thank you to Trish Lehmann, parents and student helpers for their time and efforts for the recent Birchip Bowls Club and North Central LLEN Dinners. Your efforts are much appreciated.

SACs next week
- Further Maths
- Ag & Hort

SAT
Studio Arts due June 9th

Homework!

<table>
<thead>
<tr>
<th>Year level</th>
<th>Subject</th>
<th>Teacher</th>
<th>Homework</th>
<th>Due date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>Class</td>
<td>Mrs Kelly</td>
<td>Practise m, s, r, f, t, l, a, b next: c Numbers 1-10</td>
<td></td>
</tr>
<tr>
<td>4/5</td>
<td>Class</td>
<td>Emonson/Weir</td>
<td>Spelling activities  Spelling test  SOSE projects and tables  Homework questions</td>
<td>12th May 13th May Ongoing 15th May</td>
</tr>
<tr>
<td>5</td>
<td>Maths</td>
<td>Miss Barclay</td>
<td>Maths Mate</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>English</td>
<td>Mrs Smith</td>
<td>Spelling</td>
<td>11th May</td>
</tr>
<tr>
<td>8</td>
<td>English</td>
<td>Miss Hicks</td>
<td>Group newspaper assignment</td>
<td>14th May</td>
</tr>
<tr>
<td>9/10</td>
<td>Murder Ink</td>
<td>Miss Hicks</td>
<td>Writing Folio</td>
<td>22nd May</td>
</tr>
<tr>
<td>9/10</td>
<td>Survival</td>
<td>Miss Hicks</td>
<td>Writing Folio</td>
<td>18th May</td>
</tr>
<tr>
<td>9/10</td>
<td>Australia</td>
<td>Miss Hicks</td>
<td>Writing Folio</td>
<td>18th May</td>
</tr>
<tr>
<td>12</td>
<td>Biology</td>
<td>Miss Meehan</td>
<td>Practise exam questions</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Physics</td>
<td>Mr McRae</td>
<td>Chapter 4 exercises, questions up to &amp; including 17 (1, 2, 3…17)</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Further Maths</td>
<td>Miss Barclay</td>
<td>Study for SAC</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>English</td>
<td>Mrs Smith</td>
<td>Practise Man For All Seasons essay</td>
<td>15th May</td>
</tr>
</tbody>
</table>

All Years - 15 minutes reading a day!

BIRCHIP WATCHEM HOCKEY CLUB
MOTHER’S DAY LUNCHEON
BIRCHIP LEISURE CENTRE
SUNDAY MAY 10th
12.30PM
3 COURSE LUNCHEON
BOOKINGS WITH SIMONE CHRISITE
PH 5492 2488ah or 5492 2735bh
On Monday the year 9 students departed for Swan Hill to attend Advance theory camp. Here the students completed all of their theory for the year so they can just focus on their projects. Advance students have to accomplish 3 projects for the year - they include helping out the homeless, supporting the Royal Children’s Hospital and revamping the fitness track (which was chosen by the Alpine School students).

While at the camp the students learnt about teamwork, reporting, feedback, negotiation, volunteering and discovered lots about themselves. Each evening the students participated in evening activities, they included the game capture the flag, the movie ‘Pay it Forward’, the sound and light show and Advance has got talent.

Last night Advance has got talent commenced. There were only two group entries, they were ‘The Girls and Jake’ doing a dance and Shane, Brenten, Ethan and Curtis performing the ‘helping hands skit.’ Advance has got talent ended up as a draw which meant each person received fifty Advance dollars.

Overall the Advance class enjoyed the week and gained many new skills.
Gastroenteritis

There have been several cases of gastroenteritis within the community requiring hospitalization. Danny Stone, Birchip Campus Manager, East Wimmera Health Service has suggested the attached gastroenteritis be attached to our newsletter for the information of parents, students and the general community. Please take the time to read the suggestions as recommended by the Victorian Health Department.

What is gastroenteritis?

Gastroenteritis (often called 'gastro') is a common infection of the bowel that can cause diarrhoea (runny faeces or poo), vomiting, or both.

Gastroenteritis can cause dehydration (loss of water), which sometimes results in a loss of sugar and salts that the body needs to work normally.

Gastroenteritis often settles without treatment. It is more common in winter and affects people of all ages.

What causes gastroenteritis?

Viruses are the most common cause of gastro. There are many kinds of viruses, so gastroenteritis can occur more than once.

Bacteria, parasites and food poisoning can also cause gastroenteritis. Food poisoning usually occurs six to 12 hours after eating spoiled food.

How is it spread?

Viral gastro is spread easily from person to person. The viruses are found in human faeces. When a person vomits or has diarrhoea, small droplets containing the virus can soil surfaces such as taps, toilet flush handles, children's toys and nappies. People with gastroenteritis can spread the virus up to 48 hours after their symptoms have stopped.

Bacterial gastroenteritis is spread through poor hygiene (especially not washing your hands after going to the toilet or after cleaning vomit or dirty nappies), spoiled food, polluted water supplies and handling pets and animals.

What are the signs and symptoms?

Gastro may cause some or all of the following symptoms:

- nausea and vomiting that may last a day or two
- diarrhoea which usually lasts one to three days, but can last up to ten days
- stomach cramps and pain
- fever (temperature over 37.5°C in adults and over 38°C in children)

In bacterial gastro, the symptoms are similar but the fever is often higher, stomach cramps are worse and diarrhoea can have blood and mucus in it.

Treatment

Gastro is often mild and treatment will depend on the type of gastro.

- Solutions such as Gastrolyte, or Hydralyte help replace the water, salts and fluid lost by vomiting and diarrhoea. They also come in lay-poles, which entice children to keep their fluids up. Follow the instructions on the packet.
- For mild diarrhoea your doctor may advise taking an agent such as Imodium or Lomotil. Follow the instructions on the packet. These medications are not suitable for use in children.
- For moderate to severe diarrhoea avoid anti-diarrhoea agents as they may make the diarrhoea worse.
- Anti-nausea medication may be prescribed for nausea and vomiting.
- Antibiotics are only needed if the gastro is caused by bacteria or parasites. A sample of your diarrhoea may be tested for this.
- Some people may need intravenous (into the vein) fluids if they are very dehydrated.

Home care

- Drink small amounts (sips) of clear fluids such as water or flat lemonade (one cup of lemonade to four cups of water) often (every 15 minutes). The fluids will not stop the vomiting and diarrhoea but will stop you getting dehydrated.
- Eat if you feel hungry. Start with bland foods such as crackers, rice, bananas or dry toast. You should be back on normal fluids and diet in 48–72 hours, even if diarrhoea continues.
- Get plenty of rest.

Stopping the spread of gastro

There are many ways to reduce the spread of gastro.

- Do not share your towels, face washer, toothbrush, drinks or cutlery with others.
- Wash your hands well (for at least ten seconds) with warm soapy water after using the toilet, changing nappies, cleaning up vomit and before eating or cooking meals.
- Handle, store and prepare raw and cooked foods apart. Cook all raw foods well.
- People who have gastro should not prepare or handle food for others.
- Stay at home and away from others while you are unwell. Avoid going back to work until 24–48 hours after symptoms have stopped.
• If you plan to travel, drink only bottled water or boil water for ten minutes. If you cannot peel it, cook it or boil it, do not eat it.
• Clean bathrooms and toilets often.
• Take care when handling animals and their faeces or urine.
• If you think the source of your illness may have been food, report it to your local council health department right away. Keep any leftover food for testing.

Notes:

Seeking help

In a medical emergency go to the nearest hospital emergency department or call an ambulance (dial 000).

See your local doctor or health-care professional if you have:
• stomach pain that is getting worse
• frequent vomiting or diarrhoea or both
• blood or mucus in your faeces (diarrhoea)
• passed little or no urine, or your urine is dark or smelly.

For health advice from a Registered Nurse you can call NURSE-ON-CALL 24 hours a day on 1300 60 60 24 for the cost of a local call from anywhere in Victoria.*

NURSE-ON-CALL provides access to interpreting services for callers not confident with English. Call 1300 60 60 24.

*Calls from mobile calls may be charged at a higher rate
Rebecca Botheras – I would like to get better at striving for accuracy because sometimes I need to check my work more carefully.

Royce Bennett – I am better at listening. When we did group work we used counters to make sure that everyone had a go and listened better.

Megan McKinnon – I have improved with thinking interdependently in Maths because sometimes we get partnered up and we work together which is great.

Sean Hogan - I have improved with persisting. When we did long multiplication I didn’t get the same answer using two different methods so I stuck at it and checked again.

Amy Bennett – I have improved with persisting and thinking flexibly. When we did our disaster projects I found that when I couldn’t find information I knew that I just had to keep looking in different areas and not give up.

Rebecca Botheras - I would like to get better at striving for accuracy because sometimes I need to check my work more carefully.
Habits of Mind

The Grade Five and Six students were asked to reflect upon which Habits of Mind they feel they have improved with and also to think of which Habits they would like to develop more fully in the future.

**Tahlia Noonan** - I would like to get better at thinking flexibly and looking at things in other ways, especially in maths.

**Riley Sayle** - At the start of the year I thought that I was not that good at Thinking Flexibly but when we did teamwork problem solving in maths I found I was thinking of different ways to work things out.

**Georgia Lee** - I have improved with thinking interdependently. When we did our Australia project I found that you had to work together or you would get nowhere.

**Jake Gleeson** - I would like to improve in Managing Impulsivity, because I may say something before thinking and might offend someone.